



CAGS OB Simulation Post Graduate Course

Co-Chairs: Dr. Lyndsay Glass and Dr. Stephen Hiscock

The course consists of a half day simulation session of practical surgical skills required in the assessment and management of challenging cases and complications in operative delivery for the General Surgeon. CAGS is offering this course as part of a Certificate of Recognition in Operative Delivery and Maternal Care for General Surgeons. For more information, please visit <https://cags-accg.ca/operative-delivery-and-maternal-care-for-general-surgeons-postgraduate-course/>.

Course Goal: The goal of this certificate program is to provide General Surgeons with a competency-based training opportunity to gain the skills and expertise to support safe operative delivery and maternal care programs in rural and remote communities and global surgery programs.

Target Audience: This simulation program is designed for practicing surgeons and residents both actively involved and interested in providing operative delivery and maternal care support in rural and remote communities and global surgery programs.

Learning Objectives:

- Describe and demonstrate an approach to examination of the vaginal vault and cervix in a bleeding postpartum patient
- Describe and demonstrate an approach to safe insertion and management of a Bakri balloon
- Describe and demonstrate an approach to uterine compression sutures
- Describe and demonstrate an approach to subtotal hysterectomy
- Describe and demonstrate an approach to repair of postpartum complex perineal tears
- Describe and demonstrate an approach to breech extraction in cesarean section
- Describe and demonstrate an approach to fetal extraction in malpresentation and impacted head in the setting of cesarean section
- Describe and demonstrate an approach to symphysiotomy

Agenda:

7:30 – 08:15 - Breakfast

08:15-08:30 – Introduction

08:35-10:05 – Surgical skills in managing postpartum hemorrhage

- Examination of the vaginal vault and cervix in postpartum hemorrhage
- Insertion and management of a Bakri balloon
- Uterine compression sutures
- Subtotal hysterectomy

Station 1: Bakri Balloon

Station 2: Compression sutures

Station 3: Subtotal hysterectomy and vaginal/cervical tear



10:05-10:20 – Break

10:20-11:50 – Skills in managing complex extractions & situations

- Breech extraction
- Malpresentation extraction
- Impacted head extraction
- Symphysiotomy
- Repair of complex perineal tears

Station 1: Extraction at c/s (breech, impacted head, transverse)

Station 2: Shoulder dystocia

Station 3: fourth-degree tears

11:50-12:00 – Course Wrap-Up

Date: Wednesday, September 16, 2025

Location: Halifax Convention Center

Time: 08:00 -12:00

Cost:

\$400; Member

\$450; Non-Member

\$300; Resident and Fellow Member

\$350; Residents and Fellow Non-Member

\$250; Respiratory Therapists, Nurses, Retirees, Medical Students

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